

**SENIOR PROJECT**  
**10 HOUR VERIFICATION FORM**

Name \_\_\_\_\_ Per. \_\_\_\_\_

**Directions:** To this document, attach 1-3 paragraph(s), 150-250 word TYPED overview/reflection of how the 10 hours required for Senior Project were completed. Include the names of anyone who worked with you or who can vouch for the time spent. (mentors/parents/guardians).

Example: For the five hour requirement, three friends and I chose to organize a drive to provide food to the local food pantry. We created a pamphlet to distribute to grocery shoppers on their way into local markets. The flyer we created is attached.

We chose several local grocery stores and got permission from the management to hand out the fliers and collect donations. Working in pairs in 2.5 hour shifts on two consecutive Saturdays, we collected a total of 32 bags of food which we delivered to the Lake City Community Food Bank the following Monday.

Overall things went very well. The largest donation in a single shift was 10 bags from shoppers at Super 1 in Coeur d'Alene, but all shifts collected more than 6 bags FULL of food. Shifts also worked at Safeway and Winco in Coeur d'Alene.

Student Signature \_\_\_\_\_

Mentor/Parent/Guardian Signature: \_\_\_\_\_

Contact Information: phone \_\_\_\_\_

Contact Information: E-mail address: \_\_\_\_\_

## **LOCAL LOVE – NEIGHBORS HELPING NEIGHBORS**

### **Covid 19 Support/High School Senior Project Food Drive**

**Please consider adding a little to your list to give to neighbors in need. All donations will be delivered to:**

## **Lake City Community Food Bank**

6000 N. Ramsey Rd

Coeur d'Alene, ID

**208-676-0632**

**Here is a list of our current food donation needs\***

- Applesauce
  - Canned beans
  - Canned meat – chicken, fish, spam, ham, beef or pork
  - Canned vegetables
  - Canned fruit
  - Instant mashed potatoes
  - Pastas
  - Pasta sauce
  - Peanut Butter
  - Rice
  - Healthy breakfast cereals
- \*Any non-perishable items are appreciated. NO CASH DONATIONS ACCEPTED.

**Coeur d'Alene High School Contributing Seniors:**

Win Hopeful  
Charity Gives  
Destiny Ahead  
Faith Inothers