

Coeur d'Alene School District No. 271

INSTRUCTION

2305P

Nutrition Education

Students in pre-kindergarten through grade 12 will receive nutrition education that teaches the skills they need to adopt healthy eating behaviors. Teachers are encouraged to integrate nutrition education into core curriculum areas.

Nutrition education will be offered in the school cafeteria as well as in the classroom.

Body Image Awareness

The District has a comprehensive curriculum approach to nutrition education, body image awareness, wellness, physical activity, and physical education. The District shall promote weight and size acceptance. Our focus must be on health, not weight. Schools should encourage acceptance and respect for oneself and others, acceptance of diversity, and a refusal to tolerate teasing or harassing of students or adults for any reason, including height, weight, shape, or size.

Procedure History:

Promulgated on: 2/3/14

Revised on: