








2017



June

Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			1 Waffle Sticks Sausage Links	2 Nachos Salsa	<i>Cal</i> 575 <i>T.Fat</i> 16.31 G <i>S.Fat</i> 5.0 G <i>Chol</i> 38.0 Mg <i>Sodm</i> 855.24 Mg <i>Carb</i> 86.40 G
5 Kitchen Choice 	6 Kitchen Choice 	7 Kitchen Choice 	8 Kitchen Choice 	9 Kitchen Choice 	<i>Cal</i> 583 <i>T.Fat</i> 12.14 G <i>S.Fat</i> 1.1 G <i>Chol</i> 28.3 Mg <i>Sodm</i> 910.05 Mg <i>Carb</i> 110.88 G

Summer Meals Program runs June 15th - August 18th

Join us at Hayden Elementary, Winton Elementary, Borah Elementary, Lakes Middle School and Venture!
(Exact dates and times vary at Venture)

"Remember to eat at least 5 servings of colorful fruits and vegetables every day"



Lunch Meal Prices:
 \$ 2.60 Elementary
 \$.40 Reduced Priced
 \$.50 Lowfat Milk

All of our items are baked and never fried

All meals include a variety of fresh fruit and vegetables and a choice of 1% or nonfat milk.

Other Choices
 Monday - Hamburger/Potato
 Tuesday - Grilled Cheese/Potato
 Wednesday - Turkey Sub Slider
 Thursday - Cheese Quesadilla/Potato
 Friday - Chicken Patty Sandwich/Potato
 Daily - Fruit, Veggies, Cheese, Yogurt & Crackers

It is not the intention of Nutrition Services to provide specific nutrition information for medical use. But, rather to provide users with information to better understand the nutritional content of the foods available.

The information is correct to the best of our knowledge from manufacturer's labels and nutrition computer database.

This institution is an equal opportunity provider.