

Lakes Middle School

2019-2020 Cross Country Schedule

Date	Host	Location	Time	Bus
Wednesday September 4	Practice begins	Lakes		
Saturday September 14	*Cd'A Invitational Canfield	Hayden Canyon	9:00 a.m.	Dep 7:45 a.m. *** 11:00 a.m.
Thursday September 19	Lakes, Canfield, Lakeland, Woodland, Post Falls, River City, Charter, Tribal, SP	Cherry Hill	3:30 p.m.	4 Races
Thursday September 26	Lakeland	Majestic Park in Rathdrum	4:00 p.m.	Dep 2:30 p.m. *** 6:00 p.m.
Tuesday October 1	Post Falls and River Run	Kiwanis Park	4:00 p.m.	Dep 2:30 p.m. *** 5:30 p.m.
Tuesday October 8	Woodland	Higgins Point	3:30 p.m.	Dep 2:20 p.m. *** 5:30 p.m.
Tuesday October 15	**Cd'A Charter Academy (District)	Ramsey Park	4:00 p.m.	Dep 2:20 p.m. ***

* Saturday, September 14th

Coeur d'Alene Invitational at Hayden Canyon

Contact Aaron Drake at Canfield adrake@cdaschools.org 664-9188

** Tuesday, October 15th

District Meet—at Ramsey Park

Contact Aaron Lippy @ CDA Charter Academy 676-1667

*** Approximate departure after meet (no return bus for in-district meets)

Principal: Jeff Bengtson

Assistant Principal: Trayce Hemenway

Coaches: Sydney Smyly and Eric Miller

Revised 8/15/19