

Coronavirus and Cohorting



Identify a District employee to be present and accountable at each student event (team practice, workout, meeting) to establish and continue:

- District sanitizing and disinfecting protocols
- Cohorting and record keeping
- Staggered scheduling

Why is this helpful? What will it do for us?

- When someone tests positive for COVID-19, we need to efficiently identify who may have been exposed. Cohorting and maintaining records will allow us to track who may have been exposed as well as limit the number of people exposed. Cohorting and staggering will allow more people to participate longer and prevent the 14-day quarantine of entire groups.

What is cohorting?

- **Identifying small groups and keeping them together**
 - Ensure that student and staff groups are as static as possible by having the same group of students stay with the same staff (all day for young children, and as much as possible for older children).
 - Ideally, groupings would be the same each day all week. However, this is not necessary to practice effective cohorting.
 - Limit mixing between groups, if possible.
 - Record the roster, including adults, coaches, and volunteers present, for each small group and maintain the record for 30 days.

What is staggered scheduling?

- **Stagger or rotate schedules to accommodate smaller groups**
 - Stagger arrival and drop-off times or locations by cohort or put in place other protocols to limit contact between cohorts and direct contact with parents as much as possible.
 - When possible, use flexible sites (e.g., telework) and flexible hours (e.g., staggered shifts) to help establish practices for social distancing (maintaining distance of approximately 6 feet) between participants.

For coaches, please watch this 2-minute video from the CDC:

[Tips to Protect Players from COVID-19](#)

