



COVID-19 Illness and Quarantine Guidelines

In all cases, please inform Nichole Piekarski, RN Supervisor School Health Services at npiekarski@cdaschools.org

<p>PERSON A has COVID-19</p>	<p>PERSON B has repeated contact with COVID-19 positive</p>	<p>PERSON C had one-time contact with COVID-19 positive</p>	<p>PERSON D has no contact with a COVID-19 positive but knows someone who is positive or knows someone who had contact with a positive</p>
 <p>Any person who has tested positive for COVID-19. Confirmed with lab result.</p>	 <p>Any person who lives in the same household with Person A</p>	 <p>Any person with close contact to Person A (>15 min, < 6 feet)</p>	 <p>Any person who has had exposure to Person B or C</p>
<p>With symptoms: Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> ❑ 10 days since symptoms first appeared AND ❑ 24 hours (1 day) with no fever (without the use of fever-reducing medication) AND ❑ <u>Symptoms</u> have improved <p>The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days</p> <p>Without symptoms (Asymptomatic): Quarantine for 10 days from test date:</p> <ul style="list-style-type: none"> ❑ Monitor self for symptoms, take temperature twice a day ❑ Released from quarantine after 10 days have passed as long as no symptoms have been present 	<p>NO symptoms:</p> <ul style="list-style-type: none"> ❑ Quarantine immediately ❑ Quarantine while PERSON A is ill and isolated ❑ Quarantine an additional 14 days after PERSON A has recovered and been released ❑ Quarantine can last up to 24 days or longer 	<p>Quarantine for 14 days following date of last exposure</p> <ul style="list-style-type: none"> ❑ Contact Health Department with any questions Coronavirus (COVID-19) Informational Hotline: 877-415-5225 ❑ Monitor self for <u>symptoms</u>, take temperature twice a day ❑ Notify Primary Care Provider if symptoms develop 	<p>NO QUARANTINE OR ACTION REQUIRED <i>unless</i>: PERSON B or C develops symptoms OR tests positive and PERSON D had contact with within 48 hours of symptom development <i>then</i>:</p> <ul style="list-style-type: none"> ❑ Contact primary care provider to see about testing ❑ Contact health services with questions regarding timing and exposure ❑ Clear on a daily self-health screening tool
 <p>Recovered and Released</p>			
<p>Isolation separates infected people with a contagious disease from people who are not sick. Quarantine separates and restricts the movement of people who were exposed to a contagious disease if they become sick. Close Contact is anyone who, starting from 48 hours before the person began feeling sick, was within 6 feet for at least 15 minutes of, provided care to, had direct physical contact (touch, hug, kiss) with, shared eating or drinking utensils with, or received sneeze, cough, or other respiratory droplets from an infected person.</p>			

*Family or Shared Household Scenarios

An employee, PERSON D is a caretaker of PERSON C, student. Student PERSON C is quarantined for 14 days but becomes symptomatic on day 14 and tests positive. This moves student PERSON C to PERSON A and employee PERSON D to PERSON B. Employee PERSON B would now become quarantined for the 10 days of student PERSON A's illness plus 14 days quarantine and don't forget as caretaker they were at home 14 days before this timeframe. If PERSON B also becomes symptomatic on day 14 and tests positive it is possible employee PERSON B could be "at home" for 48 days.

14 day quarantine + symptoms on day 14

10 day isolation + 14 day quarantine + symptoms on day 14

10 day isolation

* [Critical Infrastructure workers](#) exception applies to PERSON C but what about PERSON B? If PERSON B is critical infrastructure and plans to work after exposure we would ask PERSON B to live outside of the home (not share household living space) while PERSON A recovers.