

Ramsey Cross Country – (Practice & Meet Schedule)

Month	Mon	Tue	Wed	Thu	Fri
September & October 2017 X Country Schedule We need Parent Helpers! Please Volunteer! Contact Trena Burt to receive the cloud sign-up link: tburt@cdaschools.org	10 September 2018	11 <u>XC Practice Starts</u> 7:45am - 8:30am Meet in the gym	12 XC Practice 7:45am - 8:30am Meet at the Field	13 XC Practice 7:45am - 8:30am Meet at the Field	14 XC Practice 7:45am – 8:30am Meet at the Field
	17 NO PRACTICE ON MONDAYS	18 XC Practice 7:45am - 8:30am Meet at the Field	19 XC Practice 7:45am - 8:30am Meet at the Field	20 XC Practice 7:45am - 8:30am Meet at the Field	21 NO PRACTICE! Ramsey XC Meet @ Woodland Race Times: 5 th Grade: 4:30pm 4 th Grade: 4:40 3 rd Grade: 4:50 2 nd Grade: 5:00 Arrive 15 Minutes prior to race time!
	24 NO PRACTICE ON MONDAYS	25 XC Practice 7:45am - 8:30am Meet at the Field	26 XC Practice 7:45am - 8:30am Meet at the Field	27 XC Practice 7:45am - 8:30am Meet at the Field	28 NO PRACTICE! Ramsey vs Dalton XC Meet @ Woodland Race Times: 5 th Grade: 4:30 4 th Grade: 4:40 3 rd Grade: 4:50 2 ⁿ Grade: 5:00 Arrive 15 minutes prior to race time!
	October 1 NO PRACTICE ON MONDAYS	2 XC Practice 7:45am - 8:30am Meet at the Field	3 XC Practice 7:45am - 8:30am Meet at the Field	4 NO PRACTICE <u>DISTRICT MEET</u> Race Times: 5 th Grade: 4:30pm 4 th Grade: 4:50 3 rd Grade: 5:10 2 nd Grade: 5:30 Arrive 15 Minutes prior to race time	

***** Please volunteer!!! email: tburt@cdaschools.org to receive the cloud sign-up link