



Tuesday - February 12, 2019

Today's Lunch Special: Grilled Ham and Cheese with Baked Chips. Fresh baked pizza, made to order sub sandwiches, crispy chicken sandwich, daily salad special and hamburgers. All entrees are served with fresh fruit and veggie bar plus your choice of beverage

Breakfast: Assorted juices, fresh fruit, cereal choice, daily special, yogurt and milk.

Weekly Calendar

<i>Date</i>	<i>Time</i>	<i>Activity</i>	<i>Location</i>
Tuesday			
2-12-19	Both Lunches	Cookie Grams	Commons
	2:45pm – 4:30pm	Viking Army	Weight RM/ North Mezzanine
	3pm – 5pm	Wrestling Practice	Wrestling Room
	3pm – 5pm	Cheer Practice	Commons
	3:00pm – 5pm	Softball Open Gym	Fieldhouse
	5:30pm – 7pm	Buzzsaw Youth Wrestling	Wrestling Room
	6:30 – 8pm	Track Parent Meeting	Library
	7pm – 8pm	Track Open Gym	Fieldhouse
Wednesday			
2-13-19	8:30 – 10:45am	Sources of Strength	Large Team Room
	Both Lunches	Cookie Grams	Commons
	2:45pm – 4:30pm	Viking Army	Weight RM/North Mezzanine
	2:45pm – 4:30pm	Baseball Open Gym	Fieldhouse
	3pm – 4:30pm	Track Open Gym	South Mezzanine
	3pm – 5pm	Boys Basketball Practice	Jordan/Viking Courts
	4pm – 5pm	Track Open Gym – Weights	Weight Room
	5:30pm – 7pm	FASFA Completion Night	Room 101
	6pm – 7:30pm	Umpire Meeting	Library
	7pm – 9pm	Dance Team Practice	Viking Court
Thursday			
2-14-19	Both Lunches	Cookie Grams	Commons
	2:45pm – 4:30pm	Viking Army	Weight RM/North Mezzanine
	3pm – 4:30pm	Track Open Gym	South Mezzanine
	3pm – 5pm	Boys Basketball Practice	Jordan/Viking Court
	3:00 – 5pm	Softball Open Gym	Fieldhouse
	5:30 – 7pm	Buzzsaw Youth Wrestling	Wrestling Room
	7pm – 8pm	Track Open Gym	Fieldhouse

Friday		No-School Flex Day	
2-15-19	9am – 5pm	Strength Clinic	Commons, Jordan, Team Rooms, Weight Room
	3pm – 4:30pm	Track Open Gym	South Mezzanine
	3pm – 5pm	Boys JV Basketball Practice	Viking Court
	4pm – 5pm	Track Open Gym – Weights	Weight Room
	4pm – 6pm	Softball Open Gym – Pitchers	Fieldhouse
Saturday			
2-16-19	8am – 10am	Boys Basketball Practice	Viking Court
	9am – 5pm	Strength Clinic	Commons, Jordan, Team Rooms, Weight Room
	10am – 12pm	Cheer Practice	Viking Court
	11am – 1pm	Baseball Open Gym	Fieldhouse
Sunday			
2-17-19	9am – 1pm	Girls Soccer Free Play	Jordan Court

Athletics

Date	B/G	Team	Sport	Opponent	H/A	Time	Facility	Dismiss	Depart	Return
Tuesday										
2-12-19	B	FR JV V	BKTB	Moscow **Senior Night**	H	4pm 5:30pm 7pm	Viking Court	Mike Brett		
Wednesday										
2-13-19	B	FR	BKTB	Clark Fork	A	5:30pm	Clark Fork HS		3pm	9pm
Thursday										
Friday										
2-15-19	B	V	BKTB	5A Regionals Lewiston	A	6:30	Booth Hall Lewiston	Bill	2:30pm	11:45pm
Saturday										
2-16-19	B	V	WR	5A Districts	A	10am	Lakeland HS	Mike Bill	6am	7pm
	B	JV	BKTB	Tournament		TBD	TBD			

General Information:

Valentine's Day cookies will be on sale during both lunches today, tomorrow and Thursday of this week. Stop by the cookie table during your lunch to get a beautifully decorated and delicious cookie for your sweetie. Cost is \$3.

National School Breakfast Week is March 4-8, 2019. The Idaho School Nutrition Association is celebrating this event by sponsoring a student art contest across the great state of Idaho! The contest promotes this year's theme of "Start Your Engines with School Breakfast!"

The Coeur d'Alene School District Nutrition Services department would love to see a lot of entries from our talented North Idaho student artists! For more information and an official entry form, please stop by the Activities Office.

Attention juniors: The American Legion Auxiliary Boys and Girls State are nonpartisan programs that teach young men and women responsible citizenship. Participants learn how to get involved in the functioning of their state's government in preparation for their future roles as responsible adult citizens and leaders. Applications are available in the counseling office and are due back by March 1st.

Juniors and Seniors, the Lewis-Clark State College Rep will be here to visit with students this Wednesday. If you would like to meet with them, please head to the College and Career Center to sign up right away!

Seniors! Do you still need help filling out the FAFSA? We are having one more FAFSA Completion Night on tomorrow, February 13th from 5:30-7. This is a great opportunity for you to have help through the whole application. Stop by the College and Career Center if you have any questions!

Boy's and Girl's tennis meeting tomorrow immediately after school in Coach O'Connor's room, B8.

February is Teen Dating Violence Awareness Month. How can you get involved? Stop by the Safe Passage booth during lunch tomorrow for more information, activities, candy and more!

Spring sports will begin on February 22nd. You must be registered on line and have a current physical on file in the Activities Office in order to tryout and participate. If you have questions about registering on line or want to check the status of your sports physical, please come to the Activities Office.

Be Kind ~ Work Hard ~ Be Humble

Have a great day!

Go Viks!

February 11th ~ 15th

A – C.J. Stuermer- report to south parking lot

B – Linda Donnelly - report to north parking lot

C – Adam Hanan - report to bus loop