



BRYAN ELEMENTARY

SPELLING BEE: Grade level spelling bees for students in grades 3-5 will be held next week. Check with your child's classroom teacher for the exact date and time. The official study list for your child's grade level was included in a previous Wednesday folder. Teachers have additional copies. Once a student has mastered the words on that list, a school spelling bee list containing words up to eighth grade is available in the office. You can find additional study resources by signing up for a Word Club account at spellingbee.com. You can also sign up for study tips and specific information about our grade level spelling bees by texting "@spellbry" to 81010.

The champion from each grade level will be invited to participate in the Coeur d'Alene School District Spelling Bee on Wednesday, January 30th at the Coeur d'Alene Inn. The key to spelling bee success is preparation, so keep studying!

PTA NEWS: This month's meeting has been changed to January 14th at 6:00 p.m. We will be having our Bryan Wendy's Night on Wednesday, January 23rd from 5:00-7:00 p.m.

MARTIN LUTHER KING CELEBRATION: Our 5th grade will be attending the Martin Luther King Celebration at the North Idaho College Schuler Performing Arts Center on Tuesday, January 15th. We will board the busses right after we take attendance.

LOST AND FOUND: We will be donating all lost and found items on Friday, February 1st. Be sure to stop by between now and the first to find your child's lost items.

THE BENEFITS OF COOKING TOGETHER: Meal preparation can sometimes be a hectic or dreaded experience after a busy day. However, using that time to take a step back and involve members of the family in the process can have a lot of lasting benefits. Involving your children in meal preparation can start from a very early age and continue through when they are grown and ready to venture out on their own. Start by aiming for at least one day a week where the family comes together to prepare a meal. Delegate tasks appropriate for their age. For example, even kindergartners can enjoy tearing lettuce, washing vegetables, adding in pre-measured spices and stirring cool foods. As children get older, learning to read recipes and experiencing the math and science end of the cooking process can be fun and educational. As your child enters the teen years, learning to plan a balanced meal and experiment with different ways to cook things like vegetables can set them up for maneuvering adulthood in a healthy way. No matter what stage your child is in, cooking together in the kitchen is a rewarding activity that is time well-spent for the whole family. For more information on cooking with your child, visit the Nutrition Services home page at www.cdaschools.org.

JANUARY

- 10 Invent Idaho Check In
4:00-6:00 p.m. / Gym
- 11 Invent Idaho Pick Up
4:00-6:00 p.m. / Gym
- 14 PTA Meeting 6:00 p.m.
- 15 5th Grade to Martin
Luther King
Celebration at 9:30 a.m.
- 21 No School / Martin
Luther King Holiday
- 23 Bryan Wendy's Night
at 5:00-7:00 p.m.
- 25 No School / Teacher
Work Day
- 30 District Spelling Bee @
The Coeur d'Alene Inn



Bryan Elementary
802 Harrison Avenue
Coeur d'Alene, Idaho
208-664-3237
<http://bryan.cdaschools.org>

Volume 7 Issue 8

January 9, 2019

Give Kids a Smile



ADA Foundation*



IDAHO PANHANDLE DENTAL SOCIETY



IDAHO STATE DENTAL ASSOCIATION

February 2019

This February, Idaho Dentists and their staff will give **FREE Dental Care** to uninsured children in need

What:

Free Dental Care

When:

February 2019

Who is Eligible?

Any uninsured child in the community in need of dental care.

How do I sign my child up?

Contact an office listed below to schedule a free appointment. Let them know you are calling about Give Kids a Smile. Appointments are made on a first call, first serve basis so call asap!

Coeur d'Alene

- Scholes Family Dentistry 1801 N. 3rd St , 208-667-1578
- Heritage Health Dental 1090 W. Park Pl, 208-292-0697
- Coeur d'Alene Dental Center 1322 W. Kathleen Ave, 208-667-7461
- CDA Family Dentistry 2201 N. Government Way Ste G, 208-664-9129

Hayden Lake

- Avondale Dental 1683 E. Miles Ave, 208-772-4066

Post Falls

- Woodland Family Dentistry 1100 East Polston Ave, 208-777-9599

Sandpoint

- Lewis & Hawn Excellence in Dentistry 2025 Pine St. 208-265-4558